



Therapy Times' 2009 MVP Awards

The most valuable products in the therapy industry
07.20.09

The ballots have been cast, the votes have been tallied, and the winners have been chosen for **Therapy Times' 2009 Most Valuable Products** awards competition!

In an effort to see what products were most useful to today's therapy professionals, we went right to the experts: You. From hundreds of helpful reader responses and nominations, we were able to compile a repertoire of products for each therapy community that have had the greatest influence on today's therapy profession.

Once we had compiled our nominees, we opened the voting booths to our readers, associates, and visitors, to determine for themselves which tools, equipment, accessories were integral to the success of their field or practice. Now, after an anxious waiting period, *Therapy Times* is proud to present the **2009 Most Valuable Products** awards for exemplary products in the therapy industry, backed by therapists' recommendations and truly deserving of the title, "**Therapy Times MVP.**"

Nursing:

RUNNER-UP: Twiddle Muff

A tactile therapeutic muff with attachments including a sealed satin bag with marbles, a strand of textured ribbons, a loop of colorful wooden beads, and a pocket for personal essentials and a velcro tab patch. In addition to tactile and mental stimulation, this offers exercise for the hands and relief from arthritis.

"We have been using the TwiddleMuffs at my facility for more than 2 years. Our low functioning residents enjoy the cozy fabric and the variety of tactile stimulation gadgets, especially the stress ball attached inside. It keeps cold hands warm and busy so makes it ideal for those with dementia, arthritis and stroke recovery issues. One resident, in particular, uses the stress ball to continue her occupational therapy many more hours after the therapist is gone.

"We're very particular about hygiene and so being able to machine wash and dry the TwiddleMuffs makes it easy. Ideally, each of our residents would have their own TwiddleMuff and then they wouldn't have to be envious of others. This is such a fantastic, multi-purpose, low-tech solution to keep the frailest individual content, I can only wonder why they weren't invented sooner!"

– Pat Benda, RNC, director of nursing at The Scottish Home.